

CalFresh Outreach & SNAP-Ed Integration



Catholic Charities of California, Inc.
CalFresh Outreach & SNAP-Ed Integration

Cal-Ed or SNAP-Fresh?

The CalFresh Program helps to improve the health and well-being of qualified households and individuals by providing them a means to meet their nutritional needs.

The SNAP-Ed program involves the implementation of SNAP-Ed activities including food, nutrition, and physical activity education, community outreach, and other activities designed to increase healthy food choices and physical activity among low-income families.

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